Colmers Farm Primary School

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10th November 2026

Dear Parents / Carers,

NSPCC Speak out Stay Safe Programme

We are participating in the NSPCC's Speak out Stay safe Programme, which aims to help children understand and recognise the signs of the different types of abuse. Children are taught to speak out if they are worried, either to a safe adult or to Childline.

This child friendly, age-appropriate programme includes NSPCC volunteer-led face-to-face workshops for children. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy.

These workshops will be held in school on **Wednesday 18th November** for our pupils in Year 5 and Year 6 and will explore abuse (eg physical, sexual, emotional), bullying, worries and what safe adults they can speak to.

Parents and carers are asked to let us know if your child has experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

If you do not wish for your child to take part in this workshop, please contact the school office or let your child's class teacher know.

As a school, we actively work hard to keep our children safe inside and outside of school and hope these workshops will give them a better understanding and more skills to help keep themselves safe.

To find out more about the programme, please watch the NSPCC's Speak out Stay safe 'Introduction for Parents/Carers film' on their website: https://learning.nspcc.org.uk/

Yours sincerely,

Mr Williams
Headteacher