



Colmers Farm Primary School

WEEKLY NEWSLETTER

Celebrating another special week at our nurturing school



Oak National Academy Online Summer Learning



This government backed website provides learning across the curriculum, with video teacher instructions, for children in all year groups. We recommend that children access some of these over the Summer Holidays. You can access this resource via the useful links section at the top of our school website's home page.

Friday 9th July 2021

Dear Parents/Carers

I hope that you have all had a good week.

At Colmers Farm Primary School, our children are always learning. One of the most important skills any of us could learn though is how we could help somebody in a medical emergency. Years 3 and 5 learnt exactly this on Monday and Tuesday this week, when they had 2 hours of first aid training. Here our children learnt about how to get help in an emergency; how to carry out CPR; how to put people in the recovery position and how to treat burns, bleeding, broken bones, choking and head bumps. Hopefully our children will never need these skills, but they are now better equipped if they ever do.

On Monday afternoon, Mrs Wadley (our chair of governors) came for a look around our school. Although Mrs Wadley has been a frequent visitor to our school during our Governor Award assemblies (on Microsoft Teams) this is the first time, since the pandemic started, that she's been able to do this in person. It was lovely to have her visit and she was really impressed with what she saw. We very much look forward to her next visit.

As we near the end of the school year many of our children and staff have been wondering who they will have in their classes next year. On Friday last week, we let everybody know. There were cheers and tears (and not just from our staff 😊). On Wednesday this week, all of the children got to spend part of the day in their new classrooms, with their new teachers and in some cases their new classmates. This is something we were unable to do last year, but we were delighted to do this year. I am hope that everybody will have a great time in their new classes in September.

Unfortunately, our transition day was a disrupted a little this year by a case of coronavirus which led to our Year 4 pupils and staff having to isolate from this day. When these children return, we will however organise some time for them to meet new teachers. Our Year 3 children will have the same opportunity as they couldn't meet their teachers either as a result of this.

DIARY DATES

14/07/21
Governors Award
Assemblies

20/07/21
Final day of the
school term

02 and 03/09/21
School closed for
staff training

06/09/21
School reopens

22/10/21
Final school day
before autumn half
term holiday

Please follow us on Twitter!

Our feed is where we celebrate the wonderful learning opportunities we provide for all of our pupils everyday!

@Colmers_FarmPS



What's new on our website this week?



First aid photos (News section)

www.colmersfarm.excelsiorat.org

Learning about British Values is really important at our school, and this week Years 3, 4 and 5 had another online lesson from the Houses of Parliament Education Team. This time they were learning about how Laws were made in this country. The children enjoyed these sessions and are now 'experts' about this process. Our local MP (Gary Sambrook) also appeared on these Teams meetings and spoke with the children which was wonderful.

On Wednesday afternoon next week there will be an ice cream van in the infant playground. It is coming as part of our induction process for our new Reception children, who will be visiting during the school afternoon. It will remain on the playground at home time; please bring some cash with you should you wish to buy an ice cream after school.

I hope that you have a lovely weekend, and that England win the Euros! Mr Williams.

Happy Birthday Messages

For next week, we would like to wish a very happy birthday to:

Tyson A	5M	Fri, 09 Jul 2021	10
Louie E-T	2H	Fri, 09 Jul 2021	7
Phoebe H	3B	Sat, 10 Jul 2021	8
Gabriella F	3T	Mon, 12 Jul 2021	8
Faith O	3T	Mon, 12 Jul 2021	8
Ryker S	2H	Mon, 12 Jul 2021	7
Jax S	2H	Sat, 17 Jul 2021	7
William T	1W	Sun, 18 Jul 2021	6
Lilly Z	RF	Mon, 19 Jul 2021	5
Harrison B	3B	Thu, 22 Jul 2021	8
Isabelle H	1W	Thu, 22 Jul 2021	6
Paige D	3B	Fri, 23 Jul 2021	8
Martin E	RC	Fri, 23 Jul 2021	5



e-safety – Keeping your children safe online. Does your child know these rules?

<h3>S</h3> <p>Stay Safe</p> <p>Don't give out your personal information to people / places you don't know.</p>	<h3>M</h3> <p>Don't Meet Up</p> <p>Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.</p>	<h3>A</h3> <p>Accepting Files</p> <p>Accepting emails, files, pictures or texts from people you don't know can cause problems.</p>	<h3>R</h3> <p>Reliable?</p> <p>Check information before you believe it. Is the person or website telling the truth?</p>	<h3>T</h3> <p>Tell Someone</p> <p>Tell an adult if someone or something makes you feel worried or uncomfortable.</p> <p>Follow these SMART tips to keep yourself safe online!</p>
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Pupil e-safety challenge

What would your child do if this happened to them?

One of your 'friends' is swearing and calling you names on an online game. Do you –

1. Accept it. It's not the same as doing it face to face.
2. Leave the game and tell a trusted adult.
3. Ignore it. They will soon get bored.
4. Call them names back – They started this so I'm allowed to do this back.

This week's answer = 2



Online safety at home:

parents and carers newsletter

With the summer holidays rapidly approaching, children will be spending more time online doing school work, playing games or watching videos. Technology is hugely valuable for education, as well as a way to keep in touch with friends and family. However, it's important we all consider how we can support children's online safety during this lockdown, and always. Here's some information about what your child may enjoy online and what you can do to help keep them safer:

Sharing pictures

Using devices like phones and tablets to share pictures and videos can be a great way for children to have fun and stay in touch with friends and family. It's really important your child knows what's ok to share online and what they should check with you first.

Read younger children sharing pictures or videos online for more information on the risks and how to support safer sharing.

Watching videos

Children love to watch videos and YouTube is always a firm favourite! But sometimes children can be exposed to videos that are not meant for them. YouTube Kids is a safer way for children to explore their interests. You can find more information about this on [YouTube: what parents need to know](#).

Remember, primary-age children should be supervised at all times when online.

More information?

Thinkuknow is the education programme from the National Crime Agency's Child Protection Command CEOP (NCA-CEOP) whose aim is to protect children and young people from sexual abuse online.

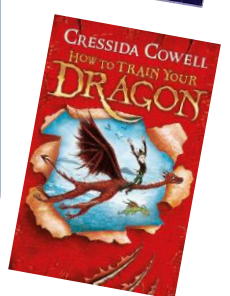
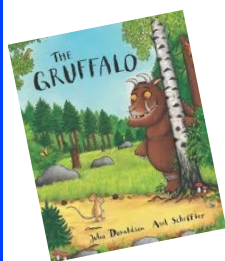
For more information, advice and guidance, visit their parent's website and download their home activity worksheets for fun, online safety activities to do with your family.

Steps you can take to help keep your child safer online

Parental controls: Parental controls have been designed to help you manage your child's online activities. There are various types, some of which are free but others which can be bought. However, nothing is totally fool proof so this shouldn't replace the support and guidance you give your child to help keep them safer. For more information and step by step instructions on setting up parental controls, visit Parental Controls & Privacy Settings Guides - Internet Matters.

Supervise their online activity: Keep the devices your child uses in communal areas of the house such as the living room or kitchen, where an adult is able to supervise. Primary-age children should not access the internet in private spaces alone, such as in a bedroom or bathroom.

Explore together and chat little and often: Ask your child to show you their favourite apps, games and sites and encourage them to teach you how to use these. Ask them if anything ever worries them online. Make sure they know they won't be in trouble and can get help by talking to you or another adult they trust if anything happens online that makes them feel worried, sad or scared.



READ, READ, READ!

Reading is a key skill which is so important to your child's development at all ages. Please try to listen to your child read at least once a day (for 10-15 mins ideally). It's also great for children to listen to you reading as well.

As you know, our children in Years 1-6 have access to thousands of books online via myON. If you need help accessing this, please contact your child's class teacher or the school office.

3 Ways to Read a Book

1. Read the Words



2. Read the Pictures



3. Retell the Story



Accelerated Reader

Champions League Table



	Class Name	Number of words read this week	Movement from last week
1 st	6D	469711	↑
2 nd	5TM	318716	↑
3 rd	3T	238668	↓
4 th	5M	192567	↓
5 th	4J	164573	↑
6 th	3B	105343	↑
7 th	6T	92752	↓
8 th	4G	36091	↔

Well done
3T!

90% of your class took part in Accelerated Reader this week. This was the highest percentage in our school! 4J were second with 77%

Well done to 6D!

School record holders are 6D – 1704164 words in one week (25/06/21)



NEW!

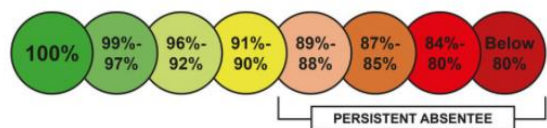
Colmers Farm Attendance League Table!

Individual class attendance
percentages.
September 2020 – July 2021.

RC	95.44%
RF	93.67%
1F	96.48%
1W	95.13%
2B	95.46%
2H	96.31%
3B	96.21%
3T	93.68%
4G	95.02%
4J	92.66%
5M	93.42%
5TM	93.08%
6D	96.45%
6T	93.32%

ATTENDANCE MATTERS

On Time: First Time, Every Time



Which CIRCLE are you in?

This year's attendance has not been as high as we would usually hope for. We understand that parents have been more cautious about sending their children to school when their children have been even a little under the weather.

Next year we will be focussing on attendance as part of our whole school development plan and Miss Kelly, Mrs Taylor and Mrs Creba will be working hard together to support children and families to be in school.

The split entry times into school have also caused some difficulties monitoring late arrivals. Learning starts right from 8:50 am and children who regularly arrive late to school miss valuable learning opportunities that quickly add up.

We will also have a big push on punctuality and ask parents to ensure their children are at school on time, every day.

This Week's Hot Chocolate Winners

Congratulations to all of our hot chocolate winners this week. They are:

Nonso A RF Demi-Lea H 1F Sophia 1W

Lola D 2B Roxanne H 5TM Kizie-May H 6D



This week's congratulations assembly recipients

Well done to:

Gracie-May H RC Ellie-Mai H RF Demi-Lea H 1F
Scarlett E 2B Tilly P 2H Gabriella F 3J
Elizabeth D 3B Jannat A 4G Oliver S-S 6D
Jamie-Lynn 6D



School Uniform

At Colmers Farm Primary School, we place a high priority on all of our children wearing the correct school uniform. Please note that our children are not allowed to wear trainers in school, unless short term with prior agreement.



For details on our school uniform requirements, please see the uniform section on our school website.

Thank you for your support with this.

Help with School Uniform

Rubery Community Swop Shop is a fabulous organisation which helps families by

providing pre-loved school uniform, PE kit and footwear to them for free. Please visit

www.ruberyswopshop.co.uk or contact

ruberyswopshop@outlook.com for more information.



Pupil Mental Health and Well-Being Tips

15 PRACTICAL WAYS TO SUPPORT YOUR CHILD'S MENTAL HEALTH

01 

Each night before bed help your child to write down 3 good things they have achieved

02 

If your child is experiencing a worry why not try to problem solve and think of all possible solutions with them

03 

Work through some deep breathing with your child. Try teaching them ratio breathing

04 

Set aside a time each day for your child to allow themselves to experience their worries

05 

Develop a thought diary where your child can write down their thoughts and reflect on them

06 

Help your child to try and use imagery to imagine themselves in a calm relaxing and happy environment

07 

Exercise is a great way to reduce stress and boost mood

08 

Use an activity diary or calendar to schedule in some fun and pleasurable activities with your child

09 

Progressive muscle relaxation is great for helping your child to reduce tension

10 

Develop a gratitude jar. Each time you are grateful for something write it down and put it in the jar

11 

Help your child identify their feelings by using a mood chart. They can either write down their feelings or draw something to express how they feel

12 

Involve them with what you are doing. Why not allow them to help you cook or bake

13 

Engage in play and fun activities with your child. Allow them to be creative with art

14 

Ask your child to take photos of things they are grateful for each week

15 

When your child experiences an unhelpful thought, sit down with them and help them to challenge it



@BELIEVEPHQ

