



Colmers Farm Primary School WEEKLY NEWSLETTER

Celebrating another special week at our
nurturing school



New Contact Details?

If you have a new phone number, email address, home address or you wish to update the information belonging to any of your other contacts', please let the school office know as soon as possible. Thank you.



Friday 10th June 2022

Dear Parents/Carers

I hope that you all had a wonderful half term week and that you enjoyed the extended Jubilee weekend.

On the Friday before half term, we had our school's main Jubilee celebrations. Photos from this, along with the video showing our pupils dancing to a song from one of the decades of the Queen's reign are now on the school website in the news section. We hope that you enjoy looking at this.

This week, Year 1 and some of our Year 2 children have been completing their phonics checks. Phonics is a key strategy in helping children to read and write effectively and I know that many of our parents have been helping their children to practice for this check over half term. Thank you to all the parents who were able to do this. We are very proud of all the children.

On Tuesday, our Year 6s began their work on their Commonwealth Games inclusion video. This is about helping to create a safe space and a welcoming environment for all LGBTI+ supporters, volunteers, athletes and organisations involved in the Commonwealth games and to showcase what a diverse city Birmingham is. This fits in beautifully with our No Outsiders ethos at Colmers Farm and we are very proud to be taking part in this project.



On Friday, our EYFS children went on a special trip to Little Owl Farm as part of their Amazing Animals topic and to consolidate their previous topic of growing and changing. Here the children got to see and learn about a range of animals including alpacas, a range of different birds, cows, deer, foxes, meerkats, wallabies and many, many more. Our receptions children represented our school magnificently and they enjoyed the trip. Well done our EYFS children!

We have just received news that we have kept our school games gold award for this year. We are proud to have renewed this award as this endorses our quality provision for PE and our commitment to the development of competitive sports opportunities. I would like to thank Mr Latham (MAT PE Coach), Miss Jennings and Miss McCarron for all their hard work with gaining this award.



DIARY DATES

14 and 15/06/22
Year 6 LGBTI+ videos
to be completed

17/06/22
Year 3 Athletics
parental workshop

17/06/22
KS2 Geography Quiz

21/06/22
EYFS Parents Information
Meeting (2022/2023 cohort)

24/06/22
Year 4 times tables
check to be completed
by

**Do you have a safeguarding
concern about a child?**

Contact:

[safeguarding@colmersfarm.
excelsiormat.org](mailto:safeguarding@colmersfarm.excelsiormat.org)

**Alternatively contact
Birmingham City Council
Children's Trust on 0121 303
1888**

**Emergency out-of-hours
number: 0121 675 4806**

**What's new on our website
this week?**



**CFPS Jubilee Celebrations
(News section)**

www.colmersfarm.excelsiormat.org

On Friday I went to the swimming pool with 4G and was serenaded by them as they sang various songs which helped them to practise their time tables in preparation for the times table check. Some wonderful singing (and some great recalling of their times table facts). The bus driver was equally impressed. Well done! 😊

I hope that you have a lovely weekend.

Mr Williams (Headteacher)

School Matters!



Attend Today, Achieve Tomorrow

90% in a
test. Great!

| percentage | grade |
|---------------|-------|
| 90% - 100% | A |
| 80% - 89% | B |
| 70% - 79% | C |
| 60% - 69% | D |
| 59% and below | F |

90% attendance is
however concerning!

In a year that's

- 19 missed English lessons,
- 19 missed maths lessons;
- 19 missed phonics or reading lessons!

Please follow us on Twitter!

Our Twitter feed is where we celebrate the wonderful learning we see from our pupils everyday!



@Colmers_FarmPS



Happy Birthday Messages

For next week, we would like to wish a very happy birthday to:

Charlie RF 6 Syeda RF 6 Godpower 1K 7
Summer 1K 7 Esmee 1W 7 Kayden 1F 7



e-safety – Keeping your children safe online. Does your child know these rules?

S

Stay Safe

Don't give out your personal information to people / places you don't know.



M

Don't Meet Up

Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.

A

Accepting Files

Accepting emails, files, pictures or texts from people you don't know can cause problems.



R

Reliable?

Check information before you believe it. Is the person or website telling the truth?



T

Tell Someone

Tell an adult if someone or something makes you feel worried or uncomfortable.



Follow these SMART tips to keep yourself safe online!

Pupil e-safety challenge



32% of smart phone users do not update their OS (operating system) when a new version comes out. Why should you always update your OS as soon as you can?

- Your phone will not work without the latest OS;
- You phone will have the latest features and tools;
- It protects your phone against hackers and viruses.



This week's answer = a, b and c. (a) Some features on your phone may stop working without the latest OS. (b) Having the latest OS can give you access to new tools and features on your phone, which have just been released. (c) Updating your OS is critical as it helps to ensure that your phone has the best security possible.

Help your child become a better **READER**

Questions to ask your child while reading
nonfiction text.



- What is the main idea of the text?
- Can you tell me something you already know about this topic?
- What did you learn from reading the text?
- Are there any words that you do not know what they mean?
- What are some new words that you learned?
- Do you have any questions after reading this?
- Were there any features (diagrams, charts, pictures) that were important?
- Where could you find out more information about this topic?
- What questions would you ask the author about this topic?
- What would be a good title for this text?
- Can you think of another book that you have read about this topic? How was it similar? How was it different?
- Did you like the text? Why or why not?

fun-in-first.blogspot.com

READ, READ, READ!

Reading is a key skill which is so important to any child's development at any age. Please try to listen to your child read at least once a day (for 10-15 mins ideally). It's also great for children to listen to you reading aloud as well.

As you know, our children in Years 1-6 have access to thousands of books online via myON. If you need help accessing this, please contact your child's

ABIBLIOPHOBIA
NOUN /UH-BIB-LEE-UH-FOH-BEE-UH/



1. The fear of running out of books to read.

Help your child become a better **READER**

Questions to ask your child while reading
fiction text.



- Who is the main character?
- What is the setting in the story? Does the setting change?
- What was the problem in the story and how was it solved?
- Did the character change during the story? How?
- How are you like the main character? How are you different?
- What do you predict will happen next in the story?
- Why do you think the author chose this title for the story?
- Do you like the title of the story? Why or why not?
- Can you think of a different title for the story?
- Which character from the story would you choose to be your friend? Why?
- Which part of the story was the most exciting? Why?
- Did you like the end of the story? Why or why not?
- Which parts in the story could really happen? Which parts could not really happen?

fun-in-first.blogspot.com

Questions to ask your child when reading to them.



Accelerated™
Reader

| | Class Name | Number of Points |
|-----------------|------------|------------------|
| 1 st | 6B | 1,527,123 |
| 2 nd | 6D | 891,896 |
| 3 rd | 3T | 379,392 |
| 4 th | 3H | 195,401 |
| 5 th | 5T | 179,887 |
| 6 th | 5A | 95,418 |
| 7 th | 4G | 87,653 |
| 8 th | 4J | 71,276 |



Spelling Shed 

| | Class Name | Number of Points |
|------------------|------------|------------------|
| 1 st | 2B | 81,156,752 |
| 2 nd | 3T | 70,926,225 |
| 3 rd | 4G | 46,266,602 |
| 4 th | 5A | 43,059,884 |
| 5 th | 3H | 34,430,810 |
| 6 th | 6D | 16,973,080 |
| 7 th | 6B | 5,044,931 |
| 8 th | 2H | 3,523,299 |
| 9 th | 1F | 2,513,180 |
| 10 th | 1K | 2,457,342 |
| 11 th | 4J | 1,963,366 |
| 12 th | 5T | 1,700,206 |
| 13 th | 1W | 248,764 |

Mathletics

| | Class Name | Number of Points |
|------------------|------------|------------------|
| 1 st | 4G | 12,556 |
| 2 nd | 3T | 8,315 |
| 3 rd | 5T | 7,119 |
| 4 th | 2H | 6,918 |
| 5 th | 2B | 6,250 |
| 6 th | 4J | 5,201 |
| 7 th | 5A | 4,970 |
| 8 th | 3H | 4,970 |
| 9 th | 6D | 3,511 |
| 10 th | 6B | 1,340 |



| Top 3 pupils - last week's top scorers | |
|----------------------------------------|----------------------------|
| 1 st | Katieleigh (6B) 435,042 |
| 2 nd | Maisey (6B) 267,445 |
| 3 rd | Olivia (6D) 257,154 |
| Record Score | |
| Kamran (6B) 916,862 words | |

| Top 3 pupils - last week's top scorers | |
|----------------------------------------|---------------------------|
| 1 st | Robyn (2B) 66,005,936 |
| 2 nd | Ryan (4G) 44,250,238 |
| 3 rd | Salman (5A) 13,121,400 |
| Record Score | |
| Robyn (2B) 66,005,936 | |

| Top 3 pupils - last week's top scorers | |
|----------------------------------------|------------------------|
| 1 st | Stefania (5T) 6,619 |
| 2 nd | Ryan (4G) 4,470 |
| 3 rd | Sujaan (4J) 2,931 |
| Record Score | |
| Khaleesi (2B) 12,770 | |



ATTENDANCE



1K



6D

This year's best attendance so far! Well done!

We are now halfway through the academic year. The table below shows the current attendance percentage to date for each class.

Remember: our school target is 96% or above!

Our whole school attendance to date is: **91.8%**

| Class | % attendance this week | Number of lates this week |
|-------|------------------------|---------------------------|
| RC | 82.4 | 3 |
| RF | 83.2 | 1 |
| 1F | 95.2 | 4 |
| 1K | 98 | 1 |
| 1W | 94.7 | 1 |
| 2B | 93.6 | 3 |
| 2H | 93.2 | 4 |
| 3H | 93 | 7 |
| 3T | 96.2 | 1 |
| 4G | 92 | 3 |
| 4J | 96.3 | 3 |
| 5A | 93.2 | 2 |
| 5T | 95.2 | 4 |
| 6B | 85.5 | 1 |
| 6D | 97.2 | 2 |

This Week's Hot Chocolate Winners

Congratulations to all of our hot chocolate winners this week. They are:

| | |
|------|------------|
| EYFS | Julian |
| Y1 | Gracie-May |
| Y2 | Lorelei |
| Y3 | Lucas |
| Y4 | Theo |
| Y5 | Kayla |
| Y6 | Tyree |



This week's congratulations assembly recipients

Well done to:

| | | | | | |
|-----------|----|-------------|----|--------|----|
| Abeerah | RF | Reggie-Jay | RC | Owen | 1W |
| Mason | 1K | Evie | 1F | Alex | 2B |
| Kayla-Mae | 2H | Louie-Ellis | 3T | Harvey | 3H |
| Grace | 4J | Thomas | 4G | Phoebe | 5A |
| Abigail | 5T | Bianca | 6B | Tyree | 6D |



You have all demonstrated the key quality of resilience this week.

This week's house point results

543

Farah

558

Thompson

478

Daley

560

Ennis-Hill



School Uniform

At Colmers Farm Primary School, we place a high priority on our children wearing the correct school uniform. Please note that our children are not allowed to wear trainers in school unless this is short term with prior agreement.

For details about our school uniform requirements, please see the uniform section on our school website.

Thank you for your support with this.

Help with School Uniform



Rubery Community Swap Shop is a fabulous organisation which helps families by providing pre-loved school uniform, PE kit and footwear to them **FOR FREE**. Please visit www.ruberyswapshop.co.uk or ruberyswapshop@outlook.com for more information.

Pupil Mental Health and Well-Being Tips

SOCIAL MEDIA & Mental Health

What trusted adults need to know

Social Media is often scrutinised as having a negative impact on children's mental health. Whilst currently there is not enough evidence or research to say whether this is true or not, there are certain 'modern pressures' connected with social media which trusted adults need to be aware of. Children and young people are constantly connected and whilst this comes with some benefits, it also comes with a feeling that you are constantly visible. This guide is designed to encourage trusted adults to think about their children's mental health and their social media activities, providing them with some useful tips on improving and supporting mental health among young people.

Five potential signs & symptoms of mental health difficulties

1. Have you noticed a change in your child's personality? They may not be acting or feeling like themselves.
2. Any recent uncharacteristic anxiety, anger, or moodiness?
3. Is your child experiencing social withdrawal and isolation?
4. Is there a sudden lack of self-care or risky behaviours?
5. Does your child have a sense of hopelessness or feel overwhelmed?

National Online Safety
#WakeUpWednesday

Meet our expert
This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.

1. EDUCATE YOURSELF

Educate yourself about social media sites your child is using so you can really understand what they are experiencing and how this may be making them feel.

2. DISCUSS REAL-LIFE CONNECTIONS

Talk about the importance of face-to-face time with friends and family, and what enjoyment this can bring. Encourage your child to focus on their relationships with people who make them feel good about themselves.

3. SUGGEST REGULAR BREAKS FROM SOCIAL MEDIA

Encourage your child to take regular breaks from checking their social media platforms. You could suggest that they turn off their app notifications during certain times of the day so they can focus on other things.

4. ENCOURAGE OTHER HOBBIES OR INTERESTS

Spending time away from their phone and devices will offer them an opportunity to discover other interests and activities they may enjoy. This could be sports, playing a musical instrument or creative interests such as arts and crafts.

5. OFFER YOUR SUPPORT

Inappropriate and harmful content can be accessed on the internet which may impact your child's mental health. Explain to your child that not everything online is real and ensure they know that you are there to support and advise them about any worries or anxieties they may have.

HELPFUL APPS:

- Hub of Hope
- Mindshift
- Smiling Mind

OTHER SERVICES:

- Childline (0800 1111)
- Bullying UK (0808 8002222)
- Young Minds (0808 802 5544)

Sources: <https://www.centreformentalhealth.org.uk/publications/social-media-young-people-and-mental-health>, <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandwellbeing/articles/mentalhealthandwellbeing/2015-10-26>, <https://www.rph.org.uk/uploads/assets/uploaded/626x270e-a55f-4719-8d568c2ec7a74c2a.pdf>, <https://www.psychologytoday.com/us/blog/cutting-edge-leadership/201505/5-warning-signs-mental-health-risk>

www.nationalonlinesafety.com

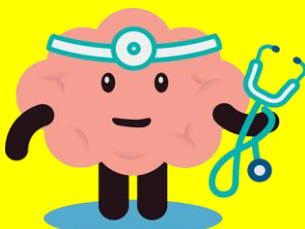
Twitter - @natonlinesafety

Facebook - /NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.05.2019

What should I do if I have any concerns about my child's mental health?

Please speak to your child's class teacher or a member of our school's pastoral team (Mrs Taylor, Miss Evans or Miss Storer).



Help for all families in Birmingham



Food
& Energy



Youth
Support



Domestic
Abuse



Emergency
Funding



Money &
Debt Advice



Data & IT



Under 5's
Support



School Uniforms
& Clothing



Parenting



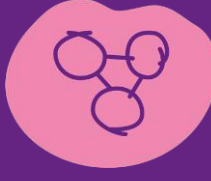
Special Needs
& Disabilities



Bereavement



Housing



Sexual
Health



Mental
Health



Play



Birmingham Children's Partnership



Edgbaston

EarlyHelpEdgbaston@gatewayfs.org
0121 456 7821

Erdington

ErdingtonFamilies@compass-support.org.uk
0121 748 8199

Hall Green

Hallgreen.families@greensquareaccord.co.uk
07570 953519 (9:30am to 4:30pm)

Hodge Hill

EarlyHelp-Hodgehill@family-action.org.uk
07976 199894

Ladywood

childrenandfamilies@bsettlement.org.uk
07764 977636

Northfield

NorthfieldFamilies@northfieldcommunity.org
07516 918 133

Perry Barr

PerrybarrEHnetwork@spurgeons.org
0121 752 1900

Selly Oak

EarlyHelp.Billesley@gmail.com
0121 441 4556

Sutton Coldfield

SuttonEHnetwork@spurgeons.org
0121 752 1860

Yardley

EarlyHelpYardley@barnardos.org.uk
0121 289 4875



UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace

NHS

NINE
fantastic
ONLINE
courses!

'UNDERSTANDING
YOUR...'

Check out
the Solihull
Approach
series
for ALL parents,
grandparents
and carers

PREPAID for YOU!

Locally funded

...PREGNANCY

...BABY

...CHILD

...CHILD
WITH ADDITIONAL NEEDS

...TEENAGER

...RELATIONSHIPS

AND MORE...

Ever been curious to
know what is going
on in their brain?

Ever wondered
why they behave
like that?

Interested to look
at you and yours
differently?

inourplace.co.uk

PREPAID for YOU!

Locally funded

Do you live in Birmingham?

1. Visit www.inourplace.co.uk
2. Enter access code:
3. Begin learning

Access Code:
COMMUNITY

Saturday 11th
June 2022

FREE

12pm
to
5pm

OVER
30
SPORTS
TO TRY

COMMUNITY
GAMES

Fun and Inspiring

FUN
ACTIVITIES
FOR ALL
THE FAMILY



SCAN ME

VICTORIA
COMMON

NORTHFIELD, BIRMINGHAM,
B31 2BB



SCAN ME

FREE Tickets Available From – www.trybooking.co.uk/BMPG

SEND BRIEFING PARENT WEBINAR

June 2022



Parent/Carer Webinars take place regularly throughout the year and cover a number of different topics. Please see the local offer website for further details. Each webinar should last approximately one hour and take the format of a presentation followed by an opportunity to ask questions.

Speech & Language Therapy Supporting Selective Talkers & Quiet Children

**Annie Loftus, Suzanne Blakemore & Samiah
Mahmood**
SEND Speech & Language Therapists

Selective Mutism – is your child reluctant to speak in school or nursery? Find out how to support your child at home and what other support is available.

Wednesday 15th June 2022, 10am - 11am

Supporting Selective Talkers & Quiet Children - Primary Focus

<https://www.localofferbirmingham.co.uk/product/supporting-selective-talkers-quiet-children-primary-focus-15th-june-1000am/>

Thursday 16th June 2022, 1pm - 2pm

Supporting Selective Talkers & Quiet Children - Secondary Focus

<https://www.localofferbirmingham.co.uk/product/supporting-selective-talkers-quiet-children-secondary-focus-16th-june-1pm/>

All who book a ticket will be sent a copy of the presentation and a copy of the recording of the webinar.



This new interactive website encourages 4-7s to engage safely online by helping them to recognise worrying, upsetting or scary situations and reinforcing the key message that they should 'Tell A Grown Up' in these instances.

The website is divided into sections for 4-5 and 6-7 year olds and features relevant and age-appropriate games for the chosen age bracket. Each game focuses on one of four topics:

- watching videos
- chatting online
- sharing pictures
- gaming online

The Jessie & Friends episodes are also available to watch on the new website to enhance understanding.

Click on the link below to access this website.

https://www.thinkuknow.co.uk/4_7/