



# Colmers Farm Primary School

## WEEKLY NEWSLETTER

Celebrating another special week at our nurturing school



### Social Media

Over the holidays children often use social media to stay in contact, even though they are often too young to use these sites/programs. This can, however, be a source of online bullying. Please monitor your children carefully over the holidays with this and encourage them to tell you if any inappropriate comments are made.



**Friday 15<sup>th</sup> July 2022**

Dear Parents

Welcome to the final newsletter of this year. It has been another busy week at Colmers Farm and it has been wonderful to welcome into school so many parents for different events this week. We have really missed having you in school over the last few years.

On Tuesday, we were all treated to Year 1's workshare assembly. During this assembly, Year 1 took us on a journey through what they have been learning about this year. The confidence they demonstrated in front of their audience was amazing. I loved the acting, especially the very bossy Florence Nightingale ☺. This was followed on Thursday with Year 2's workshare assembly, which was equally impressive. It was full of some great narrating, some very catchy singing (I am still humming the continents song) and a year group dance at the end. Well done and thank you to all of our Year 1 and 2 children and to all of the staff who were involved in these assemblies.

Wednesday was our sports day, which is always one of the highlights of our school calendar. Our children all loved taking part in the various events. A huge thank you to Miss Jennings, Miss McCarron and Mr Latham for your meticulous planning and organisation this day. This really helped the day to run smoothly.

On Friday we had Year 6 representing the school at two different events. Firstly, we had two of our children Calum and Loren representing our school at the Stand Up Speak Out event at the Midlands Art Centre. This is a special speech writing and presenting event with lots of schools from across Birmingham taking part. Both Callum and Loren delivered their speeches really well in front of a large audience. We are very proud of them both.

Our second group of Year 6's went to Pride House to watch the premier of the diversity video which they created a few weeks ago. This video was created to celebrate diversity/inclusion within our city and to show visiting commonwealth athletes that they will be welcomed in our city. The video was fantastic (see the news section of our school website)! Well done Year 6!

I hope that you have enjoyed reading your children's reports which you received today. Please contact your child's class teacher if you wish to arrange a time to discuss these.

### DIARY DATES

**18/07/22**  
Geography competition final

**18/07/22**  
Year 6 Leavers Assembly for parents

**20/07/22**  
Children's Seaside Lunch

**20/07/22**  
Final day of School

**22/08/22**  
Summer school starts at Colmers Farm

**Do you have a safeguarding concern about a child?**

**Contact:**

[safeguarding@colmersfarm.excelsiormat.org](mailto:safeguarding@colmersfarm.excelsiormat.org)

**Alternatively contact Birmingham City Council Children's Trust on 0121 303 1888**

**Emergency out-of-hours number: 0121 675 4806**

**What's new on our website this week?**



-Colmers Farm Primary Guarantee

-Parental questionnaire responses (Parents' Views of our School)

-Inclusion video (News Section)

[www.colmersfarm.excelsiormat.org](http://www.colmersfarm.excelsiormat.org)

During the last two weeks of the summer holidays, we are running a summer club at Colmers Farm. Please see the end of this newsletter for further information and details about how you can register for this.

Although they still have another three days of school left, I would like to wish our lovely Year 6 children good luck as they begin the next chapter of their educational journeys. We will really miss you all next year. Thank you for all of your hard work this year and for being such great role models.

I hope that you have a lovely weekend and a fabulous summer holiday. We look forward to welcoming everybody back to school on Wednesday 7<sup>th</sup> September.

Mr Williams (Headteacher)



## Please follow us on Twitter!

Our Twitter feed is where we celebrate the wonderful learning we see from our pupils everyday!



@Colmers\_FarmPS



## Happy Birthday Messages:

For next week and over the summer holidays, we would like to wish a very happy birthday to:

### Reception:

Lincoln, Troyzier, Sophia, Enah, Frankee, Danae, Jackson, Sophie, Amy and Freddie - who are all turning 5, Happy Birthday!

### Year 1:

Lilly, Shy'loh, Aylah, Jaxon, Michael, Gracie May, Emily, Lockie-John, Macie and Charlotte - who are all turning 6, Happy Birthday!

### Year 2:

Ellis, Khaleesi, Sophia, Daniel, Arlo-Jai, Lorelei, Kaylica, William, Isabelle, Cairo-Benjamin, Louie, Elijah and Drew - who are all turning 7, Happy Birthday!

### Year 3:

Lilah, Tylor, Gabriel, Lola, Rainy, Hayden, Jax, Ma'Laysia, Poppie-Leigh, Timothy and Mariam - who are all turning 8, Happy Birthday!

### Year 4:

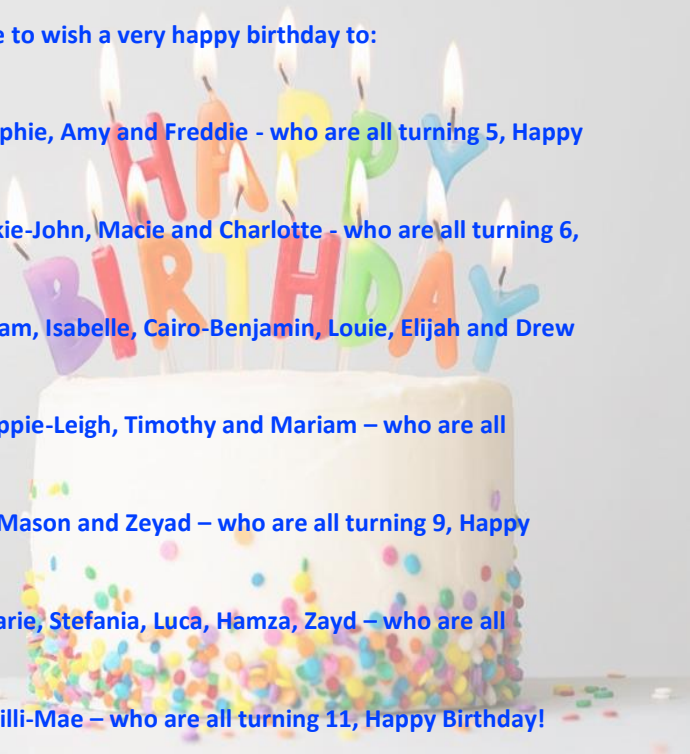
Paige, Harrison, Tyler, Ellie-Mae, Oscar, Demi-Lee, Nevaeh, Mason and Zeyad - who are all turning 9, Happy Birthday!

### Year 5:

Lillian, Muhammad, Omari, Zakariya, Oliver, Kane, Kayla-Marie, Stefania, Luca, Hamza, Zayd - who are all turning 10, Happy Birthday!

### Year 6:

Loushus, Ruby, Loren, Aiden, Kamran, Kaid, Jayden, Jake, Milli-Mae - who are all turning 11, Happy Birthday!



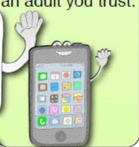
**S**  
Stay  
Safe

Don't give out your personal information to people / places you don't know.



**M**  
Don't  
Meet Up

Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.



**A**  
Accepting  
Files

Accepting emails, files, pictures or texts from people you don't know can cause problems.



**R**  
Reliable?

Check information before you believe it. Is the person or website telling the truth?



**T**  
Tell  
Someone

Tell an adult if someone or something makes you feel worried or uncomfortable.



Follow these SMART tips to keep yourself safe online!

## Pupil e-safety challenge



Cyber harassment is the use of email, social media and websites to bully or harass an individual or a group. What should you do if it has happened to you?

- Nothing/Ignore it - They will get bored eventually.
- Block them, but don't tell anybody about it.
- Block them and tell a trusted adult.

This week's answer = C. Cyber harassment and bullying can happen 24x7 and can happen in your home. It is important that you tell an adult about this if it ever happens to you. They will be able to help make it stop and to stop you worrying about it.



## Help your child become a better **READER**

Questions to ask your child while reading  
nonfiction text.

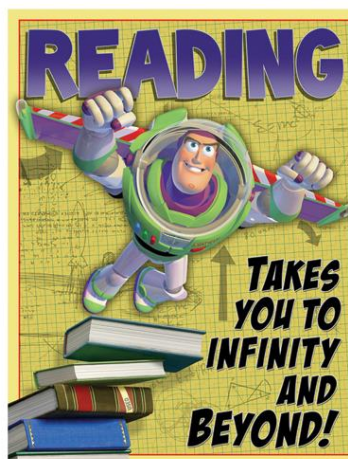
- What is the main idea of the text?
- Can you tell me something you already know about this topic?
- What did you learn from reading the text?
- Are there any words that you do not know what they mean?
- What are some new words that you learned?
- Do you have any questions after reading this?
- Were there any features (diagrams, charts, pictures) that were important?
- Where could you find out more information about this topic?
- What questions would you ask the author about this topic?
- What would be a good title for this text?
- Can you think of another book that you have read about this topic? How was it similar? How was it different?
- Did you like the text? Why or why not?

fun-in-first.blogspot.com

### READ, READ, READ!

Reading is a key skill which is so important to any child's development at any age. Please try to listen to your child read at least once a day (for 10-15 mins ideally). It's also great for children to listen to you reading aloud as well.

As you know, our children in Years 1-6 have access to thousands of books online via myON. If you need help accessing this, please contact your child's class teacher or the school office.



## Help your child become a better **READER**

Questions to ask your child while reading  
fiction text.

- Who is the main character?
- What is the setting in the story? Does the setting change?
- What was the problem in the story and how was it solved?
- Did the character change during the story? How?
- How are you like the main character? How are you different?
- What do you predict will happen next in the story?
- Why do you think the author chose this title for the story?
- Do you like the title of the story? Why or why not?
- Can you think of a different title for the story?
- Which character from the story would you choose to be your friend? Why?
- Which part of the story was the most exciting? Why?
- Did you like the end of the story? Why or why not?
- Which parts in the story could really happen? Which parts could not really happen?

fun-in-first.blogspot.com

**Questions to ask your child when listening to them reading.**



**Accelerated™**  
Reader

	Class Name	Number of Points
1 <sup>st</sup>	6B	297,800
2 <sup>nd</sup>	5T	43,837
3 <sup>rd</sup>	4G	40,301
4 <sup>th</sup>	3T	32,448
5 <sup>th</sup>	6D	31,653
6 <sup>th</sup>	5A	26,693
7 <sup>th</sup>	4J	5,630
8 <sup>th</sup>	3H	5,007



**Spelling Shed** 

	Class Name	Number of Points
1 <sup>st</sup>	6D	362,533,704
2 <sup>nd</sup>	6B	58,726,553
3 <sup>rd</sup>	3T	55,631,020
4 <sup>th</sup>	4G	49,784,770
5 <sup>th</sup>	3H	11,708,318
6 <sup>th</sup>	4J	10,317,328
7 <sup>th</sup>	2B	3,383,953
8 <sup>th</sup>	1K	2,720,058
9 <sup>th</sup>	2H	2,121,376
10 <sup>th</sup>	1F	1,306,138
11 <sup>th</sup>	5A	902,084
12 <sup>th</sup>	5T	642,533
13 <sup>th</sup>	1W	0

**Mathletics**

	Class Name	Number of Points
1 <sup>st</sup>	4J	7,503
2 <sup>nd</sup>	6B	6,800
3 <sup>rd</sup>	3T	5,677
4 <sup>th</sup>	4G	5,640
5 <sup>th</sup>	5T	3,521
6 <sup>th</sup>	2B	2,190
7 <sup>th</sup>	6D	1,890
8 <sup>th</sup>	3H	1,750
9 <sup>th</sup>	2H	1,383
10 <sup>th</sup>	5A	0



**Accelerated™**  
Reader

**Spelling Shed** 

**Mathletics**

### Top 3 pupils - last week's top scorers

1 <sup>st</sup>	Ruby (6B) 86,478
2 <sup>nd</sup>	MAisey (6B) 67,755
3 <sup>rd</sup>	Thomas (4G) 30,644

**Record Score**

**Kamran (6B)**  
**916,862 words**

### Top 3 pupils - last week's top scorers

1 <sup>st</sup>	Jake (6D) 119,361,522
2 <sup>nd</sup>	Cameron (6D) 96,930,998
3 <sup>rd</sup>	Ryan (4G) 48,407.992

**Record Score**

**Jake (6D) 119,361,522**

### Top 3 pupils - last week's top scorers

1 <sup>st</sup>	Sujaan (4J) 6,323
1 <sup>st</sup>	Harvey G (6B) 3,000
3 <sup>rd</sup>	Stefania (5T) 3,000

**Record Score**

**Khaleesi (2B)**  
**12,770**





# ATTENDANCE



2B



4J

This year's best attendance so far! Well done!

The table below shows the current attendance percentage to date for each class.

Remember: our school target is 96% or above!

Our whole school attendance to date is: **93.5%**

Class	% attendance this week	Number of lates this week
RC	86.6%	6
RF	98.8%	2
1F	92.4%	9
1K	90.7%	3
1W	94.7%	1
2B	99.2%	4
2H	93.6%	6
3H	94.6%	9
3T	95.0%	5
4G	96.7%	0
4J	95.8%	5
5A	91.5%	8
5T	87.7%	3
6B	92.8%	7
6D	93.1%	2

## This Week's Hot Chocolate Winners

Congratulations to all of our hot chocolate winners this week. They are:

Troy	RC
Eden	1F
Eden	2H
Samuel Mc	3T
Phoebe	4G
Logan Mc	5T
Sara	6B



## This week's congratulations assembly recipients

Well done to:

Hugo	RC	Poppy	RF	Myah	1W
Eden	1F	Maria-Mae	1K	Noah	2B
Kaylica	2H	Vonnie	3H	Summer	3T
Zeyad	4J	Oliver	4G	Freya	5A
Amara	5T	Katieleigh	6B	Karina	6D



You have all demonstrated the key quality of reilience this week.

## This week's house point results



Farah



Thompson



Daley



Ennis-Hill

## School Uniform

At Colmers Farm Primary School, we place a high priority on our children wearing the correct school uniform. Please note that our children are not allowed to wear trainers in school unless this is short term with prior agreement.

For details about our school uniform requirements, please see the uniform section on our school website.

Thank you for your support with this.

## Help with School Uniform



Rubery Community Swop Shop is a fabulous organisation which helps families by providing pre-loved school uniform, PE kit and footwear to them **FOR FREE**. Please visit [www.ruberyswopshop.co.uk](http://www.ruberyswopshop.co.uk) or [ruberyswopshop@outlook.com](mailto:ruberyswopshop@outlook.com) for more information.

# Pupil Mental Health and Well-Being Tips

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## SOCIAL MEDIA & Mental Health

**What trusted adults need to know**

Social Media is often scrutinised as having a negative impact on children's mental health. Whilst currently there is not enough evidence or research to say whether this is true or not, there are certain 'modern pressures' connected with social media which trusted adults need to be aware of. Children and young people are constantly connected and whilst this comes with some benefits, it also comes with a feeling that you are constantly visible. This guide is designed to encourage trusted adults to think about their children's mental health and their social media activities, providing them with some useful tips on improving and supporting mental health among young people.

**Five potential signs & symptoms of mental health difficulties**

1. Have you noticed a change in your child's personality? They may not be acting or feeling like themselves.
2. Any recent uncharacteristic anxiety, anger, or moodiness?
3. Is your child experiencing social withdrawal and isolation?
4. Is there a sudden lack of self-care or risky behaviours?
5. Does your child have a sense of hopelessness or feel overwhelmed?

**1. EDUCATE YOURSELF**

Educate yourself about social media sites your child is using so you can really understand what they are experiencing and how this may be making them feel.

**2. DISCUSS REAL-LIFE CONNECTIONS**

Talk about the importance of face-to-face time with friends and family, and what enjoyment this can bring. Encourage your child to focus on their relationships with people who make them feel good about themselves.

**3. SUGGEST REGULAR BREAKS FROM SOCIAL MEDIA**

Encourage your child to take regular breaks from checking their social media platforms. You could suggest that they turn off their app notifications during certain times of the day so they can focus on other things.

**4. ENCOURAGE OTHER HOBBIES OR INTERESTS**

Spending time away from their phone and devices will offer them an opportunity to discover other interests and activities they may enjoy. This could be sports, playing a musical instrument or creative interests such as arts and crafts.

**5. OFFER YOUR SUPPORT**

Inappropriate and harmful content can be accessed on the internet which may impact your child's mental health. Explain to your child that not everything online is real and ensure they know that you are there to support and advise them about any worries or anxieties they may have.

**HELPFUL APPS:**

- Hub of Hope
- Mindshift
- Smiling Mind

**OTHER SERVICES:**

- Childline (0800 1111)
- Bullying UK (0808 8002222)
- Young Minds (0808 802 5544)

**National Online Safety**  
#WakeUpWednesday

**Meet our expert**

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.

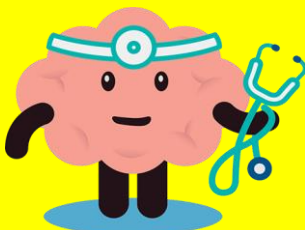
[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

Sources: <https://www.centreformentalhealth.org.uk/publications/social-media-young-people-and-mental-health>, <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandwellbeing/articles/newsletters/nationalonlinesafety/2015-10-30>, <https://www.rph.org.uk/uploads/assets/uploaded/62be370a-a35f-4719-ad6682ac7a74c2a.pdf>, <https://www.psychologytoday.com/us/blog/cutting-edge-leadership/201505/warning-signs-mental-health-risk>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.05.2019

## What should I do if I have any concerns about my child's mental health?

Please speak to your child's class teacher or a member of our school's pastoral team (Mrs Taylor, Miss Evans or Miss Storer).







This summer, children aged 4—11 can visit Northfield Library from Saturday 9th July and join the science and innovation themed Summer Reading Challenge. The Gadeteers Summer Reading Challenge combines **FREE** access to books with fun and creative activities during the summer holidays.

### How the Challenge Works

Children sign up through their local library and receive a Gadeteers collector poster.

Children aim to borrow and read 6 library books of their own choice during the summer, collecting special stickers to complete their poster and extra incentives along the way.

Children who complete the Summer Reading Challenge are presented with a certificate and a medal.

If children wish to they can also go to the official Challenge [website](https://summerreadingchallenge.org.uk/news/general/gadeteers-intro) which hosts digital rewards, author videos, games and more for children to enjoy all summer.

Northfield Library has had lots of lovely new books that children might want to choose from. We also have a programme of activities for children to take part in during the summer holidays.

### Official Website Link

<https://summerreadingchallenge.org.uk/news/general/gadeteers-intro>

## FREE SUMMER HOLIDAY CAMP

We are pleased to inform you that we will be running our Holiday Activity Camp at Colmers Farm Primary School providing children with the opportunity to experience some great new activities.

### FREE PLACES FOR FREE SCHOOL MEAL (FSM) CHILDREN

We are offering free places on both weeks to any FSM children. Please book using the link below and ensure you upload your FSM code which will have been sent by your school

**Where:** Colmers Farm Primary School, Rednal, Birmingham, B45 9PB

**Time:** 10am – 2pm

**What:** From Arts and Crafts to Dodgeball, kite making to Archery, Football to Dance we have plenty of activities in store for everyone!

**Who:** Reception - Year 6 with activities for all abilities

**When:** Mon 22nd Aug - Fri 2nd Sept (9 days)

<https://fit4schoolspremier.coordinate.cloud/project/32702>

**Additional information:** lunches are provided by us so only a water bottle and lots of energy required!

Excellent



Based on 5,719 reviews

★ Trustpilot

## SUMMER HOLIDAY CAMP

We are pleased to inform you that we will be bringing our Holiday Activity Camp back to Forestdale Primary School providing children with the opportunity to experience some great new activities.

**Where:** Forestdale Primary School, Rubery, B45 0JS

**Time:** 10am – 2pm

**Price:** £15 per day (you can book single days or full weeks to suit)

**What:** From Arts and Crafts to Dodgeball, kite making to Archery, Football to Dance we have plenty of activities in store for everyone!

**Who:** Reception - Year 6 with activities for all abilities

**When:** Mon 25th July - Friday 5th August (10 days)

Booking link: <https://family.premier-education.com/add-course/773937>

**Additional information:** Please bring a packed lunch, water bottle and appropriate clothing for activities. Sun Cream would also be advised for any sunny weather!

### FREE PLACES FOR FREE SCHOOL MEAL (FSM) CHILDREN

We are offering free places on both weeks to any FSM children. Please book using the link below and ensure you upload your FSM code which will have been sent by your school

Booking link: <https://fit4schoolspremier.coordinate.cloud/project/32704>

**Additional information:** lunches are provided by us so only a water bottle and lots of energy required!

Excellent



Based on 5,719 reviews

★ Trustpilot



AGES 4  
TO 16

# SUPER STARS CLUB

**BOOKING  
IS  
ESSENTIAL**

[WWW.FTLOSIRMINGHAM.CO.UK/SPECTRUM-STARS-CLUB](http://WWW.FTLOSIRMINGHAM.CO.UK/SPECTRUM-STARS-CLUB)

## CLUB DATES

(ALL AUGUST DATES)

**WEEK 1**  
15TH - 18TH

**WEEK 2**  
22ND - 25TH

**WEEK 3**  
30TH - 2ND OF SEPTEMBER

**CLUB TIMES**  
11AM - 3PM  
EVERY DAY

OUR 3 WEEK SUPER STARS CLUB IS A MAINSTREAM PROVISION INCLUSIVE OF SEN CHILDREN

OUR PROGRAMME IS JAM PACKED FULL OF FUN & ENRICHMENT. BOOK YOUR CHILDS SPACE TODAY!

**Workshops**  
Outdoor Fun

**Arts & Craft**

**Trip Day Out**

**LUNCH  
EVERYDAY**

SUPER STARS CLUB  
Supported by Spectrum Stars

**Bring it on Brum**

**FREE TO  
ATTEND**



Thursday 28th - Sunday 31st July 2022  
Opening times: 10.00am - 4.00pm



# NORTHFIELD BEACH

Live Music, Arts  
and Entertainment



Victoria Common

Free Event

Follow us on social media...



NorthfieldPship #NorthfieldBeach



The beach events are part of the DFE HAF program. All children will have access to free food options, fruit and drinks whilst attending the event.

## FREE FUN FOR ALL THE FAMILY!

- TINY THE TRICERATOPS • DINO TRAIL •
- BABY DINO'S • OYA BATUCADA •
- CRAFTS WITH NORTHFIELD ARTS FORUM •
- FREE FACE PAINTING • LEARN ACTIVE COACHING •
- CIRCUS SKILLS WORKSHOPS • SILENT DISCO • ZORBS •
- 6.5M HIGH, 4 FACE CLIMBING WALL • DJ DANCERIDER •
- COOKERY SCHOOL • RAINBOW THEATRE TENT WITH SPOZ •
- MAD HATTER TEA PARTY • THE MARLEY EXPERIENCE •
- FRIENDLY FIRE BAND • HAPPY ACCIDENT • PLUS MORE! •



**NORTHFIELD**  
Community Partnership

This event is brought to you by Northfield Community Partnership, a charity working within the South West Birmingham area to improve lives and opportunities for the local community.



UNDERSTANDING YOUR CHILD  
SOLIHULL APPROACH

inourplace

NHS

NINE  
fantastic  
ONLINE  
courses!

'UNDERSTANDING  
YOUR...'

Check out  
the Solihull  
Approach  
series  
for ALL parents,  
grandparents  
and carers

PREPAID for YOU!

Locally funded

...PREGNANCY

...BABY

...CHILD

...CHILD  
WITH ADDITIONAL NEEDS

...TEENAGER

...RELATIONSHIPS

AND MORE...

Ever been curious to  
know what is going  
on in their brain?

Ever wondered  
why they behave  
like that?

Interested to look  
at you and yours  
differently?

inourplace.co.uk

PREPAID for YOU!

Locally funded

Do you live in Birmingham?

1. Visit [www.inourplace.co.uk](http://www.inourplace.co.uk)
2. Enter access code:
3. Begin learning

Access Code:  
**COMMUNITY**



# Help for all families in Birmingham



Food  
& Energy



Youth  
Support



Domestic  
Abuse



Emergency  
Funding



Money &  
Debt Advice



Data & IT



Under 5's  
Support



School Uniforms  
& Clothing



Parenting



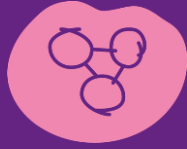
Special Needs  
& Disabilities



Bereavement



Housing



Sexual  
Health



Mental  
Health



Play

**Birmingham**  
Children's Partnership



**Birmingham**  
Children's Partnership



## Edgbaston

EarlyHelpEdgbaston@gatewayfs.org  
0121 456 7821

## Erdington

ErdingtonFamilies@compass-support.org.uk  
0121 748 8199

## Hall Green

Hallgreen.families@greensquareaccord.co.uk  
07570 953519 (9:30am to 4:30pm)

## Hodge Hill

EarlyHelp-Hodgehill@family-action.org.uk  
07976 199894

## Ladywood

childrenandfamilies@bsettlement.org.uk  
07764 977636

## Northfield

NorthfieldFamilies@northfieldcommunity.org  
07516 918 133

## Perry Barr

PerrybarrEHnetwork@spurgeons.org  
0121 752 1900

## Selly Oak

EarlyHelp.Billesley@gmail.com  
0121 441 4556

## Sutton Coldfield

SuttonEHnetwork@spurgeons.org  
0121 752 1860

## Yardley

EarlyHelpYardley@barnardos.org.uk  
0121 289 4875

