

Colmers Farm Primary School

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22nd May 2026

Dear Parents and Carers,

This year, during the summer term, children will receive sex and relationships education lessons (SRE). At Colmers Farm, sex and relationships education begins in Year 1 and continues throughout the school. We believe that this element of the curriculum is **vital** in preparing our children for the future.

Below is an outline of the sex and relationships education lessons that will be taught in Year 6 during the summer term.

Year 6 sex and relationships education lessons summary:

There are 4 lessons. Here is a summary of what the children will be learning:

1. Consider puberty and reproduction. The learning outcomes are to describe how and why the body changes during puberty in preparation for reproduction and to talk about puberty and reproduction with confidence.
2. Explore the importance of communication and respect in relationships. The learning outcomes are to explain differences between healthy and unhealthy relationships and to know that communication and permission seeking is important.
3. Consider different ways people might start a family. The learning outcomes are to describe the decisions that must be made before having children and to know some basic facts about conception and pregnancy.
4. Explore positive and negative ways of communicating in a relationship. The learning outcomes are to have considered when it is appropriate to share personal/private information in a relationship and to know how and where to get support if an online relationship goes wrong.

If you want to remove your child from these lessons, you must write a letter and send it into school **no later than Monday 1st June 2026**, otherwise your child will participate in the activities planned.

If you have any questions or wish to find out more information, then please do contact school to speak with myself or a member of the Senior Leadership Team.

Thank you for your continued support,

Mrs Greep
Personal Development Lead

