

# Colmers Farm Primary School

Leybrook Road  
Belton Grove  
Rubery  
Birmingham  
B45 9PB

Head Teacher: Mr Williams  
Deputy Headteacher: Miss Hooper  
Tel: 0121 716 0444  
Web: [www.colmersfarm.excelsiormat.org](http://www.colmersfarm.excelsiormat.org)  
Email: [enquiry@colmersfarm.excelsiormat.org](mailto:enquiry@colmersfarm.excelsiormat.org)



22<sup>nd</sup> May 2026

Dear Parents and Carers,

This year, during the summer term, children will receive sex and relationships education lessons (SRE). At Colmers Farm, sex and relationships education begins in Year 1 and continues throughout the school. We believe that this element of the curriculum is **vital** in preparing our children for the future.

Below is an outline of the sex and relationships education lessons that will be taught in Year 3 during the summer term.

## Year 3 sex and relationships education lessons summary:

There are 3 lessons. Here is a summary of what the children will be learning:

1. Identify that people are unique and to respect differences. In addition to this, the children will be exploring the differences between male and female bodies. The learning outcomes are to know and respect body differences and to name the male and female body parts using agreed words.
2. Consider appropriate and inappropriate physical contact and consent. The learning outcomes are to understand that each person's body belongs to them and to understand personal space and unwanted touch.
3. Explore different types of families and to understand who you can go to for help and support. The learning outcomes are to understand that all families are different and have different family members and to identify who to go to for help and support.

If you want to remove your child from these lessons, you must write a letter and send it into school **no later than Monday 1<sup>st</sup> June 2026**, otherwise your child will participate in the activities planned.

If you have any questions or wish to find out more information, then please do contact school to speak with myself or a member of the Senior Leadership Team.

Thank you for your continued support,

**Mrs Greep**  
Personal Development Lead

