Colmers Farm Primary School

26th January 2024

Dear Parents and Carers,

This year, during the summer term, children will receive sex and relationships education lessons (SRE). At Colmers Farm, sex and relationships education begins in Year 1 and continues throughout the school. We believe that this element of the curriculum is **vital** in preparing our children for the future.

Below is an outline of the sex and relationships education lessons that will be taught in Year 1 during the summer term.

Year 1 sex and relationships education lessons summary:

There are 3 lessons. Here is a summary of what the children will be learning:

1. To understand that we are all different but can still be friends- Links to equality. The learning outcome for the lesson is to know that we can be friends with people who are different to us.

2. To discuss and understand how children grow and change. In addition to this, the children will have an understanding that babies need care and support. The learning outcomes for this lesson are to understand how babies are taken care of and to know that older children can do more by themselves.

3. To explore different types of families and to know which people we can ask for help. The learning outcomes for this lesson are to understand that there are different types of families and that the children know which people we can ask for help.

If you want to remove your child from these lessons, you must write a letter and send it into school **no later than Friday 9th February 2024**, otherwise your child will participate in the activities planned.

If you have any questions or wish to find out more information, then please do contact school to speak with myself or a member of the Senior Leadership Team.

Thank you for your continued support,

Miss Wood
Personal Development Lead