

Colmers Farm Primary School

Leybrook Road
Belton Grove
Rubery
Birmingham
B45 9PB

Head Teacher: Mr Williams
Deputy Head Teacher: Mrs Young
Tel: 0121 716 0444
Web: www.colmersfarm.excelsiormat.org
Email: enquiry@colmersfarm.excelsiormat.org



11th March 2024

Dear Parent/Carer

Re: Food and nutrition education

As part of our design technology curriculum in Year 2 this term, your child will be taking part in cooking and nutrition lessons and will be learning about where food comes from, identifying fruit and vegetables, tasting fruit and vegetables and preparing fruit to make a fruit smoothie. Design technology lessons take place on Monday mornings for Year 2.

Food lessons will involve your child using and tasting a number of ingredients. It is essential to be aware of any allergies or intolerances he/she may have. Therefore, I would be grateful if you could complete the attached reply slip so that I can keep a record for future reference. Please return the completed reply slip to Mrs Oliver by Friday 15th March.

Personal hygiene is also an important consideration and therefore your child must not wear jewellery or nail varnish. Long hair must be tied back, and your child will be provided with a clean apron. In addition, your child will be actively discouraged from eating during a practical lesson unless it is to taste ingredients as part of the planning process or to taste what they have made as part of their learning.

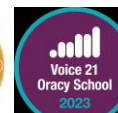
I appreciate your assistance with the above and look forward to teaching and enthusing your child about good food and healthier eating.

Yours faithfully

Mrs Oliver
Art and design technology teacher



Artsmark
Silver Award
Awarded by Arts
Council England



Ingredient check slip

My child: _____

Date: _____

- Does not have food allergies/ intolerances or religious/cultural reasons for not handling or eating certain food.
OR
- Does have food allergies/ intolerances or religious/cultural reasons for not handling or eating certain food. (Add details to the table below.)

My child should not handle or eat these food(s):	Complete this column ONLY in the case of severe allergy. My child has a severe allergy and the following food(s) must not be used.

- I agree to my child wearing a plaster or plastic gloves to enable them to take part in food lessons if they have a cut or skin condition on their hands on the day of the food lesson.

Parent/carer name (PRINTED): _____

Parent/carer signature: _____
