

Colmers Farm Primary School

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16th March 2023

Dear Parents/Carers

During the holy month of Ramadan, we recognise that some of our pupils may wish to experience fasting occasionally or for the whole of this month. As a school, it is important that we know who is fasting and when they are doing this. If your child is in Years 5 or 6, and they wish to fast, and you are happy for your child to do this, please can you complete the form attached and return it to the school's office. Additional forms are available from the school's office if required. **Please note that we cannot cater for children who are fasting outside of Years 5 and 6.**

Due to the effects of fasting, we will support any fasting pupils by supervising them in our lunch time club in 2H's classroom during their dinnertime breaks, so that they can conserve their energy. They will also not take part fully in the school's PE lessons. **We recommend that all pupils who are fasting, bring into school an emergency snack, in case they feel unwell and need to end their fast early.** Please see our draft Ramadan Policy in the policy section of the school's website for more detailed information about how we will support our pupils during this time.

If you have any questions about our school's approach to Ramadan, please contact the main office.

Thank you for your continued support.

Your sincerely

Mr Williams
Headteacher



2022-2025



We're working
towards Artsmark
Awarded by Arts
Council England



SCHOOL
MEMBER

Ramadan Fasting Permission Slip

Child's Name: _____ Class: _____

To Colmers Farm Primary School:

I give permission for my child to fast on the following date/s (please tick boxes for the relevant dates your child will be fasting in the table below)

	w/c 20th March	w/c 27 th March	w/c 3 rd April	w/c 10 th April	w/c 17 th April
Monday			Easter Holiday	Easter Holiday	
Tuesday					
Wednesday					
Thursday					
Friday					

I have read Colmers Farm Primary School's Ramadan Fasting Policy and understand how the school will implement this.

Parent's/Carer's Signature: _____

Print Parent's/Carer's Name: _____

Date: _____
