## Colmers Farm Primary School

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Monday 17<sup>th</sup> April 2023

Dear Parent/ Carer,

Year 5 are being given the opportunity to participate in Bikeability this year. Bikeability is the government's national cycle training programme. It helps you learn practical skills and understand how to cycle on today's roads. Bikeability gives everyone the confidence to cycle and enjoy this skill for life.

Bikeability will run during the school day and will commence the week beginning **Monday 26<sup>th</sup> June 2023**. The children will have the opportunity to complete levels 1 and 2 during the week and will receive a certificate, which will contribute towards their SAGE award (Getting Active).

For your child to participate in Bikeability, please can you complete the form below carefully and return it to school by no later than Friday 28<sup>th</sup> April 2023.



Article 29



Your education should help you use and develop your talents and abilities. It should also help you to learn to live peacefully, protect the environment and respect other people.

We have been running Bikeability at Colmers Farm Primary School for several years now and the children really enjoy learning new skills and developing their confidence on their bikes.

We also want to encourage all children to develop their talents and Bikeability equips them with vital skills for life. Pupils learn to cycle, gain independence, and improve their social skills.

Please feel free to find any additional information on the Bikeability website on <a href="https://www.bikeability.org.uk">www.bikeability.org.uk</a>

If you have any further questions, please do not hesitate in asking myself or a member of the Year 5 team.

Thank you for your continuous support,

Mrs. Greep Personal Development Lead

















## Consent Form- Year 5 Bikeability Week commencing Monday 26th June 2023

## For my child to take part in Bikeability I understand that:

- All Instructors will have completed a Disclosure and Barring Service (DBS) before escorting children.
- Instructors are permitted to administer any emergency medical treatment that may be required.
- That my child is medically fit to take part in Bikeability, and I will inform the school if this situation changes.
- Training shall only take place on sites approved by the instructors.
- My child will be supervised by Instructors for off-road and on-road training.
- A risk assessment will have already been carried out by the instructors on all sites/routes used.

I would like my child to take part in Bikeability YES / NO				
Child's Name:			Can your child ride a bike?	YES / NO
School:	Colmers Farm Primary School		Does your child own a bike?	YES / NO
Class:			Would you like to borrow a bike and a helmet for the training?	YES / NO

Please indicate if your child has any SEN statements or medical conditions (including asthma and allergies):				
Emergency contact information:				
Emergency contact one				
Name:				
Telephone number:				
Emergency contact two				
Name:				
Telephone number:				
Parent / Guardian Name:				
Signature:				
Date: dd/mm/yy				

Please return the consent form by no later than Friday 28th April 2023